



Humber and North Yorkshire
Health and Care Partnership



York and Scarborough
Teaching Hospitals
NHS Foundation Trust



CAT HUB

Children's Ambulatory
Treatment Hub

Information for parents and carers

Your child has an appointment to be reviewed in the Children's Ambulatory Treatment Hub.

Your child will be seen by a paediatric nurse and primary care practitioner.

Open: Monday and Thursday 14.30-20.30

Appt length: 40 minutes

Location: Askham Bar, York, YO24 1LW

Contact number: 01904 943 690 (Open Mon–Fri 9.00–20.30)

Children can change quickly and if at any time your child displays any of the 'Red' features in the box below you should seek **EMERGENCY HELP**.



RED

If your child

- has blue lips
- or is unresponsive or very irritable
- is struggling to breathe
 - pulling in of the chest or neck muscles
 - using tummy muscles
- or has unusually long pauses in breathing
- or has an irregular breathing pattern
- or is unable to swallow or is drooling
- is too breathless to feed or speak
- is unable to take fluids
- is pale, drowsy, weak or quiet

YOU NEED EMERGENCY HELP CALL 999

You need to be seen at
the hospital Emergency
Department



AMBER

If your child has any one of these features

- Appears to be getting worse or you are worried
- Restless or irritable
- Increased difficulty in breathing such as
 - Rapid breathing
 - Taking more effort to breathe
 - Flaring of nostrils
- Becoming unusually pale
- Temperature of 39°C despite paracetamol and/or ibuprofen
- Reduced fluid intake by half usual amount
- Passed urine less than twice in 12 hours
- Vomiting
- Mild wheeze and breathlessness not helped by usual reliever (blue inhaler)

SEEK MEDICAL ADVICE TODAY

Please call your GP surgery,
or, if it is closed call NHS 111

Your GP may want to speak to
you on the phone first to give
you medical advice. They will
arrange to see your child if
it is appropriate.



GREEN

If none of the features in the red or amber boxes above are present

- Has normal-coloured skin, lips and tongue
- Responds to you normally
- Is basically content and will smile
- Stays awake or awakens quickly and easily when you wake them
- Has a strong normal cry, or is not crying
- Has moist lips and tongue

SELF-CARE

You can care for your child
at home.

The most important advice is to
keep your child well hydrated.

If you feel you need more
advice, please contact your
local pharmacy, Health Visitor
or GP surgery.

You can also call NHS 111
for advice.

Getting there

Askham Bar, York, YO24 1LW



When directing to the CAT hub please use following location references:
Site entry: exile.stars.budget **CAT hub:** lunch.atom.keen

Getting there



By car

Postcode: YO24 1LW

Once you get close to the destination follow the signs for the 'Children's Ambulatory Treatment Hub'.

When you reach the site, wardens will be present to greet and direct you to the section of the car park being used as the reception area.

Please also note that the Askham Bar park and ride site is still in use as a park and ride terminal – be aware of buses and other users of the site.



On foot/ by bike

The 'Children's Ambulatory Treatment Hub' can be accessed by foot or bike (there is some parking for cycles). Moor Lane car park is reached from the Tesco's/ Moor Lane roundabout on Tadcaster Road.



By bus

There is a frequent bus service from the city centre.

See www.itravellyork.info/buses for links to all bus timetables.

What will happen at the clinic

